

Week 1

Monday

Go Large Cheese & Tomato Pizza
Using a Rich 5 a day Tomato Sauce & low fat Mature Cheddar V

Vegetarian Crunchle Chunky mixed Beans & Vegetables cooked in a rich tomato sauce, topped with a savoury Herb Crumble V

Seasonal Vegetables, Large Seasonal Salad Bar, Colelaw, Potato Salad & Pasta Salad, Homemade Bread Selection

Homemade Cookie Selection

Tuesday

Beef Burgers Lean Minced Beef
Pattie served with a Soft White Baguette

Quorn Burger Served in a Soft White Bag V

Homemade Potato Wedges, Golden Sweetcorn, Baked Beans, Sliced Tomato, Sliced Cucumber, Sliced Gherkins, Soft White or Wholemeal Bag

Apple Whirl Served with Custard

Wednesday

Traditional Roast with accompaniments Served with a Rich & Tasty Gravy

Oven Roast Vegetables Served in a Yorkshire pudding & topped with Mature Cheddar V

Crisp Roast Potatoes, Creamed Mashed Potatoes, Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli, Garden Peas, Homemade Bread Selection

Individual Fruit Cheesecake Fruit Topped Cheesecake on a Biscuit Base

Thursday

Homemade Chicken Dunkers
Chicken Pieces coated in breadcrumb crumbs served with a choice of Sweet & Sour, Curry or BBQ Dipping Sauce

Vegetarian Quorn Dunkers Diced Quorn pieces coated in batter, served with a choice of Sweet & Sour, Curry or BBQ Dipping Sauce V

Savoury Vegetable Rice, Seasonal Vegetables, Seasonal Salad Bar, Garlic Bread

Individual Fruit Layered Panna Cotta

Friday

Jumbo Cod Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake

Mixed Bean Mushroom & Tomato Pasta Bake V

Chips or Boiled Potatoes, Garden/Mushy Peas, Baked Beans, Seasonal Salad Bar, Homemade Bread Selection

Fresh from the farm Bennett's Ice Cream made especially for Let's Dine



FUN FOOD FACTS
Carrots used to be purple!

Monday

Gluten Free Pork Meatballs Pork Meatballs served with a Rich Tomato Sauce or Onion Gravy

Vegetarian Bolognese Quorn Mince cooked in a Rich Tomato based Sauce V

Golden Noodles or Pasta Twists, Garden Peas, Golden Sweetcorn, Fresh Carrots, Seasonal Salad Bar, Homemade Bread Selection Including Granary

Eton Mess Crispy Meringue, Fruit Sauce and Rosella

Tuesday

French Bread Cheese & Tomato Pizza Using a Rich 5 a day Tomato sauce & low fat Mature Cheddar V

Vegetable Cannelloni Roasted Vegetables & Mixed Beans marinated in a herby tomato sauce V

Seasonal Vegetable Selection, Seasonal Salad Bar, Homemade Bread Selection

Fruit Cobbler Served with Custard

Wednesday

Roast Chicken Roast Chicken Breast, Sage & Onion Stuffing served with a Rich & Tasty Gravy

Quorn Parcels Diced Quorn & roast vegetables encased in puff pastry V

Crisp Roast Potatoes, Swede & Potato Mash, Oven Roast Parsnips, Fresh Baton Carrots, Fresh Broccoli/ Cauliflower, Garden Peas, Homemade Bread Selection

Homemade Iced Lemon Finger Biscuit

Week 2

Thursday

Beef Hotpot Created by the cooking Bus Team Savoury Minced Beef topped with crispy sliced potatoes

Homemade Macaroni Cheese Bake Macaroni mixed with a creamy cheese sauce, topped with cheese and Tomato V

Seasonal Vegetable Selection, Seasonal Salad Bar, Homemade Sliced Crusty Cob

Strawberry or Chocolate Mousse Topped with a Swirl of Cream



FUN FOOD FACTS
One of the most popular pizza toppings in Brazil is green peas!!!

Come dine with us

Friday

Jumbo Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter

Cheese & Potato Bake V

Chips or Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Bar, Homemade Bread Selection

Iced Bakewell Tart Served with Custard

Week 3

Monday

Big Breakfast - Bacon, Sausage, Scrambled Egg

Vegetarian Sausage & Scrambled Egg V

Oven Baked Potato Smiles, Mushrooms, Plum Tomato, Baked Beans, Seasonal Salad Bar, Homemade Bread Selection

Homemade Decorated Iced Sponge

Tuesday

Italian Bolognese Fresh Minced Beef cooked in a Rich Tomato based Sauce or Lasagne

Tomato & Vegetable Carbonara Mixed Beans & vegetables mixed with a rich tomato Sauce V

Wholewheat Pasta, Big Salad Bar, Colelaw, Mix Bean Salad, Homemade Bread Selection

Old Parks Winning Fruity Surprise Muffin

Wednesday

Roast Pork Sage & Onion Stuffing & Apple Sauce with a Rich & Tasty Gravy

Red Pepper & Chickpea Pattie V

Crisp Roast Potatoes, Creamed Sweet Potato Mash, Oven Roast Parsnips, Fresh Broccoli/ Cauliflower, Garden Peas, Homemade Bread Selection

Homemade Chocolate & Pear Sponge Served with a Mint Green Custard

FUN FOOD FACTS
Apples float in water, because 25% of their volume is made of air.



Fruit Jelly Topped with a Swirl of Cream

Thursday

Chicken Curry Tender pieces of Chicken in a Light Curry Sauce

Homemade Cheese & Potato Puffs Creamed mashed potato and mature Cheddar V

Wholegrain Rice or Boiled Rice, Sambals, Tomato Wedges, Sliced Bananas, Onion & Cucumber, Mint Yoghurt Dip, Seasonal Salad Bar, Naan Bread

Fresh from the farm Bennett's Ice Cream made especially for Let's Dine

Friday

Battered Fillet of Fish White Fillet coated in a light Batter or Jumbo Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs

Cheese & Tomato Pasta Bake V

Chips, Lemon Couscous, Mushy Peas, Baked Beans, Garden Peas, Seasonal Salad Bar, Homemade Bread Selection

Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2.

Your child may also be entitled after Year 2!

This also provides extra funding to your school, you can register your child for Free School Meals if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190 (this may change from 1 April)
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit

www.telford.gov.uk/freeschoolmeals



Summer Term		Autumn Term		Spring Term	
24 APR	WK 1	4 SEPT	WK 1	2 JAN	WK 1
1 MAY	WK 2	11 SEPT	WK 2	8 JAN	WK 2
8 MAY	WK 3	18 SEPT	WK 3	15 JAN	WK 3
15 MAY	WK 1	25 SEPT	WK 1	22 JAN	WK 1
22 MAY	WK 2	2 OCT	WK 2	29 JAN	WK 2
29 MAY - HALF TERM		9 OCT	WK 3	5 FEB	WK 3
5 JUN	WK 1	16 OCT	WK 1	12 FEB	WK 1
12 JUN	WK 2	23 OCT - HALF TERM		19 FEB - HALF TERM	
19 JUN	WK 3	30 OCT	WK 3	26 FEB	WK 3
26 JUN	WK 1	6 NOV	WK 1	5 MAR	WK 1
3 JUL	WK 2	13 NOV	WK 2	12 MAR	WK 2
10 JUL	WK 3	20 NOV	WK 3	19 MAR	WK 3
17 JUL	WK 1	27 NOV	WK 1	26 MAR	WK 1
24 JUL	WK 2	4 DEC	WK 2		
		11 DEC	WK 3		