



Telford & Wrekin
Co-operative Council

**Protect, care and invest
to create a better borough**

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Dear Parent/Carer,

We all wish for children to have a great start in life and for them to take part in fun, fulfilling experiences.

As their parent or carer, you do a brilliant job supporting your child to learn and grow during those early years which also helps them prepare for school.

Their development is important to us too and that's why we've created 5 by 5.

5 by 5 sets out a range of adventures to explore with your child before the age of five to help them be happy, healthy and active.

The adventures are grouped into five themes and are designed to support your child to develop and grow, find their voice, make friends, be curious and creative and build connections with the world around them.

We suspect that you have already tried some of the adventures with your child, but why not see if you can do them all.

Many are no or low cost and can be done in and around the home or at venues across Telford and Wrekin, including libraries, parks and community groups.

We'll be working closely too with early years providers, schools, community providers, local charities, Family Hubs, and health providers as we roll out the scheme.

For further information visit 5by5.telford.gov.uk where you can view the full list of adventures and track your child's progress with a downloadable 5 by 5 adventure card.

We hope you will enjoy taking part as a family!



Councillor Lee Carter
Leader, Telford & Wrekin Council



Councillor Shirley Reynolds
Cabinet Member for Children, Young People, Education, Employment and Skills



5 BY 5

**Adventures to explore,
by the age of five, for
happy, healthy and
active children**

   

     



SCAN ME

Scan here to tell us your favourite 5 by 5 adventure

Visit
5by5.telford.gov.uk
for the full list of adventures