



WEEKLY NEWSLETTER

17TH JANUARY 2025

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"To be the best
that we can be"

Physical Education (PE) - Reminders

From Year 2, all pupils access at least 90 minutes per week of taught PE where they are given opportunities to participate in a range of sports. Early Years & Year 1 have a weekly timetabled PE lesson.

Please could you support us by ensuring that your child brings in their PE kit on a Monday, their kit can then remain in school and be brought home on a Friday (with the exception of swimming kit, which children will bring home on the day of their swimming lesson).

For safety reasons, earrings need to be removed when children participate in PE lessons. We thank you for your support with this.

What should my child wear for PE?

- White T-Shirt
- Black Shorts
- Black Jogging bottoms or leggings in cold weather for outdoor PE
- Plain sweatshirt for outdoor PE in colder weather



Parents into Lunch

We are looking forward to seeing our Year 2 and 3 parents, when they join their child to enjoy a school lunch. Parents into lunch is an excellent opportunity for parents to come into school and enjoy sampling our school menu in a relaxed environment with their child.

Year 3: 7th February

Year 2: 14th March



Attendance and Punctuality

A polite reminder to our families that our school day starts at 8:45am. If your child arrives after this time, their lessons will have already started, meaning that they are missing out on their learning which will have an impact on the progress they are able to make in school. A few minutes late here and there really starts to add up over time. Please support your child by ensuring they arrive on time every day.

School begins at 08:45



Every school day counts BUT every minute is equally important!

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18
CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people; compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



NOS
National
Online
Safety
#WakeUpWednesday

Dates for your diary:

| | |
|-------------------------|------------------------------------|
| Monday 13th January | Young Voices Concert in Birmingham |
| Wednesday 29th January | Year 6 Blists Hill Trip |
| Friday 7th February | Year 3 Parents into Lunch |
| Thursday 13th February | SAT Parent meeting |
| Tuesday 25th February | Year 5 Parents Consultation |
| Wednesday 26th February | Year 3 Parents Consultation |
| Friday 28th February | Year 6 Parents Consultation |
| Wednesday 5th March | Reception Parents Consultation |
| Thursday 6th March | Year 4 Parents Consultation |
| Friday 7th March | Year 1 Parents Consultation |
| Tuesday 11th March | Nursery Parents Consultation |
| Thursday 13th March | Year 2 Parents Consultation |
| Friday 14th March | Year 2 Parents into Lunch |
| Thursday 3th April | Arthog Parent meeting |

Spring term attendance

If your attendance is 98% or more in the Spring term you will be entered into a draw to win a Nintendo Switch.



If you manage 100%, your name will be entered twice!


Good luck!

William Reynolds Primary School and Nursery

Challenge · Honesty · Ownership · Courage · Collaboration



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**SKILLS
FOR LIFE**
MULTIPLY

Nurture & Wellbeing for Children

Start date: Thursday, 27.02.2025
End date: Thursday, 03.04.2025
Time: 6 weeks
Duration: 9:30am-11:30am
Venue: Hub On The Hill, TF7 4HG

**FREE
COURSE**

Come along to this friendly new course to understand how to nurture and encourage simple wellbeing habits for children. The course will explore simple tips and ideas you can try at home or when out and about with children to help encourage positive behaviour. The course is taught in an informal and friendly environment with an experienced tutor.

Eligibility: Adults aged 19+.



scan to register

Ofsted
Good
Provider

To **register** your interest, please
text/call **07528 979376** or visit
www.learntelford.ac.uk



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Co-operative Council

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